

LUDINGTON AREA CATHOLIC SCHOOL  
700 E. BRYANT RD.  
LUDINGTON, MI 49431

August 2023

Dear Families,

Thank you for choosing LAC Farm to Table for your child(ren)'s lunch. At the heart of our program our goal is to develop an appreciation for the abundance God provides! Through partnerships with local farmers and businesses, we will provide high quality, fresh, and appealing meals to students and staff. Our program will also include nutrition/health education, meal/food demonstrations, as well as field trips.

August and September will focus on the realities of food waste and our Christian duty to be good stewards of all of creation. Tying this into our own garden, we will learn about composting and healthy soil.

Each day will have a choice of "Daily Offering" or peanut/seed butter and jam. All meals will include a choice of a fresh (or frozen fresh!) fruit or vegetable and Cream Cup Dairy (Kaleva, MI) 2% milk or drinkable yogurt. As we work to fully embrace the Farm to Table movement, please understand that the menu is fluid and subject to change.

Payment will be due on Monday, EACH week. Please note which days if possible! All lunch orders will be taken one day prior. If a lunch is forgotten/lost, peanut/seed butter and jam will be provided if daily offering is not available. Meal cost will be added to the following week's order.

If you would like to be a part of our food program success, serving/clean up help is needed each day from 11-12:30. Please contact Joy if you are interested!

If you have any questions or concerns, please do not hesitate to contact me at:  
[mrsreisterer@lacschool.net](mailto:mrsreisterer@lacschool.net).

Thank you,

Joy Reisterer, RD

"All the things in this world are gifts of God, created for us, to be the means by which we can come to know him better, love him more surely, and serve him more faithfully." ~St. Ignatius of Loyola

Dear LAC Families,

Since our Farm to School program is new....and very exciting.....we are attempting to help Mrs. Reisterer in her planning/prep and ordering from week to week.

When you turn your money in each week, it would be greatly appreciated if you could designate which days your child(ren) will be eating hot lunch or PB& J sandwich. This would allow her to have ample servings and to order effectively from our awesome farms/vendors.

Example: (on your envelope)

Susie Smith

Grade 3/4

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Monday- main

Tuesday– PB &J

Wednesday–milk only

Thursday- main

Friday–milk only

Total: \$10.00

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Or, if you will be paying monthly, just take an extra menu and put a mark where your child(ren) will be eating lunch and send it in with your envelope/payment.

If you have any questions, please feel free to contact Mrs. Reisterer or Mrs. Bigalke.

Blessings and happy school year 2023-2024!